



COUNTY KILDARE VOCATIONAL EDUCATION COMMITTEE
COISTE GHAIRM OIDEACHAIS CHONTAE CHILL DARA



PIPER'S HILL COLLEGE

Coláiste Chnoc an Phíobaire

Kilcullen Road, Naas, Co. Kildare

SPRING 2012 EVENING ADULT EDUCATION CLASSES

COURSE CATEGORIES

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For Further Information

See website www.kildarevec.ie

Enrol Online from January 6th 2012 using
Credit or Laser Card

Or contact Adult Education Office

Tel:045-898923

Email: adulthoodeducation@phcol.ie

Office hours: 10.00-1.00 p.m. & 2.00-4.00 p.m.
From Monday 9th January 2012

www.kildarevec.ie



Ireland's EU Structural Funds
Programmes 2007 - 2013
Co-funded by the Irish Government
and the European Union



Investing in your Future

See website
www.kildarevec.ie

or contact

Adult Education Office

045 898923

Email; adulteducation@phcol.ie

10.00-1.00 p.m. & 2.00-4.00 p.m. from January 9th 2012

EVENING ADULT EDUCATION CLASSES

Enrolment options

You can enrol in any of the following ways

1. Enrol Online from **January 6th 2012**
using Credit or Laser Card.

2. Phone enrolment:
Phone 045-898923
10.00-1.00 p.m. & 2.00-4.00 p.m.
from January 9th 2012

3. Call to the Adult Education Office
from **January 9th 2012** during
Adult Education Office Hours 10.00 a.m. – 1.00 p.m.
and 2.00-4.00 pm.

4. Enrolment Night at Pipers Hill College
18th January 2012 (7.00 p.m. – 9.00 p.m.)

Classes begin unless otherwise stated on the
Week beginning 30th January 2012

Night classes will be held during the Spring Mid-Term Break
Monday 13th February – 17th February 2012

For further information contact the
Adult Education Office 045-898923

WHO'S WHO IN THE CENTRE

School Director of Adult Education: An tUas. Féilim Mac Donncha

Assistant Director: Ms Geraldine Fox

Adult Education Secretary: Ms. Catherine Doody

School Principal: Mr Colm O'Connor

Deputy Principal: Mr Joseph Carroll

School Caretakers: Mr Joe O'Rourke
Mr Michael Lynch

PLEASE NOTE

Fee waivers (Reductions) do not apply to courses marked with *

Course Code	Day	Course Title	No of Weeks	Time	Fee €
NAS12101	Thursday	<p>* Train The Trainer FETAC Level 6- This module is designed to equip learners with the knowledge and skills necessary to design, deliver, assess and evaluate training programmes. There will be an extra cost of €40 euro to be paid to the tutor on the first night for textbook manual, lever arch files and photocopying.</p>	10	7.00-10.00 p.m.	270

COMPUTER COURSES

Course Code	Day	Course Title	No of Weeks	Time	Fee €
NAS12102	Tuesday	<p>Computers for the Terrified This course is designed for those who have no knowledge and are 'afraid' of computers.</p>	9	7.30-9.30 p.m.	90
NAS12103	Wednesday	<p>Computers for the Terrified This course is designed for those who have no knowledge and are 'afraid' of computers.</p>	9	7.30-9.30 p.m.	90
NAS12104	Wednesday	<p>Computers for Improvers This course is for those who have completed a Beginners course or have some knowledge of computers. The following areas will be covered: Excel, Access and Power Point.</p>	9	7.30-9.30 p.m.	90
NAS12105	Thursday	<p>Computers for Improvers This course is for those who have completed a Beginners course or have some knowledge of computers. The following areas will be covered: Word, Internet and email and Publisher</p>	9	7.30-9.30 p.m.	90
NAS12106	Tuesday	<p>Web Design Create your own unique online presence with a basic website.</p>	9	7.30-9.30 p.m.	90

LANGUAGES

Course Code	Day	Course Title	No of Weeks	Time	Fee €
NAS12107	Wednesday	<p>Spanish for Beginners An introductory Course in basic Spanish for that Spanish holiday</p>	9	7.30-9.30 p.m.	90
NAS12108	Tuesday	<p>Spanish for Improvers This course is for those who have completed an introductory course or who have a basic knowledge of the language.</p>	9	7.30-9.30 p.m.	90
NAS12109	Wednesday	<p>French for Beginners An introductory Course in basic French for those wishing to experience a flavour of the French language for travel and holidays.</p>	9	7.00-9.00 p.m.	90
NAS12110	Tuesday	<p>French for Improvers For those who have completed a Beginners course and wish to learn more.</p>	9	7.00-9.00 p.m.	90
NAS12111	Thursday	<p>Gaeilge for Beginners A course for those who would like to add to their 'cúpla focal'.</p>	9	7.00-9.00 p.m.	90
NAS12112	Thursday	<p>Gaeilge for Improvers A course for those who have completed a 'beginners' course or who want more than the 'cúpla focal'.</p>	9	7.00-9.00 p.m.	90

LANGUAGES contd.

Course Code	Day	Course Title	No of Weeks	Time	Fee €
NAS12113	Wednesday	Italian for Beginners A conversational class – you will soon have useful phrases for that trip to Italy	9	7.30-9.30 p.m.	90
NAS12114	Tuesday	English as a 2nd Language Beginners An English course for those who have very little English.	9	7.30-9.30 p.m.	90
NAS12115 NEW	Thursday	German for Beginners Learn how to speak German for Business or for that holiday to Germany	9	7.30-9.30 p.m.	90
NAS12116 NEW	Wednesday	Introduction to Chinese Learn the basics of the language for that holiday or business trip	9	7.30-9.30 p.m.	90
NAS12117 NEW	Wednesday	Introduction to Japanese Prepare yourself for that holiday or business trip to Japan by learning a basic knowledge of the language.	9	7.30-9.30 p.m.	90
NAS12118	Wednesday	Sign Language Learn the unique skill of communication without speaking	9	7.30-9.30 p.m.	90

HOBBIES & LEISURE

Course Code	Day	Course Title	No of Weeks	Time	Fee €
NAS12119	Tuesday	Oil Painting Advanced This course is for those who have some experience of Oil painting. Please bring the following with you on the first night: Oil Paints, Brushes and a Canvas board and White Spirits.	10	7.00-9.00 p.m.	100
NAS12120	Thursday	Oil Painting for Beginners This class gives an introduction to oil painting. Please bring the following with you on the first night: Oil Paints, Brushes and a Canvas board and White Spirits.	10	7.00-9.00 p.m.	100
NAS12121	Wednesday	Traditional Print Making Working with metal plates this course concentrates on the two techniques 'Dry Point' and 'Carborundum'. There will be extra costs for materials to be paid by the class to the tutor when the class begins.	9	7.30-9.30 p.m.	90
NAS12122	Wednesday	Watercolour Painting for Beginners & Improvers You will be learning 'wet into wet' techniques and working with colour.	10	7.30-9.30 p.m.	100
NAS12123	Tuesday	Dressmaking This course will teach students how to read and understand a pattern and how to cut out and make a garment.	10	7.30-9.30 p.m.	100
NAS12124	Thursday	Dressmaking This course will teach students how to read and understand a pattern and how to cut out and make a garment.	10	7.30-9.30 p.m.	100
NAS12125	Wednesday	Interior Decoration and Design A course designed for those looking for ideas to enhance their home.	8	7.30-9.30 p.m.	80
NAS12126 NEW	Thursday	Make your Home More Energy Efficient Learn ways to improve energy efficiency in the home from insulation types to various boiler systems, renewable energy-solar and heat pumps and smaller solutions including types of light bulbs. Also learn what is due soon such as water harvesting techniques.	6	7.30-9.30 p.m.	60
NAS12127	Wednesday	Flower Arranging-Beginners Learn the basic skills of Flower arranging	8	7.30-9.30 p.m.	80

HOBBIES & LEISURE contd.

Course Code	Day	Course Title	No of Weeks	Time	Fee €
NAS12128	Tuesday	The Joy of Cooking This practical hands-on course is for those who want to improve their cooking skills. This course will appeal to those who like to prepare a good meal.	9	7.30-9.30 p.m.	90
NAS12129	Thursday	The Joy of Cooking This practical hands on course is for those who want to improve their cooking skills. This course will appeal to those who like to prepare a good meal.	9	7.30-9.30 p.m.	90
NAS12130	Wednesday	Gluten Free Cooking and Baking for Coeliacs Allergic to wheat or gluten? Learn how to bake gluten-free birthday cake, sponge cake, pastry and lots more in this Practical Class.	9	7.30-9.30 p.m.	90
NAS12131	Tuesday	Bridge Beginners An introductory course on the skills of Bridge playing while making new friends in a social setting.	9	7.30-9.30 p.m.	90
NAS12132	Tuesday	Bridge Improvers -this course is for those who have completed a Beginners Course or who have a 'playing' knowledge of the game.	9	7.30-9.30 p.m.	90

PERSONAL DEVELOPMENT, HEALTH & FITNESS

Course Code	Day	Course Title	No of Weeks	Time	Fee €
NAS12133	Wednesday	Introduction to Counselling and Psychology. This is an introductory course which is open to anyone with an interest in learning how to use counselling skills and gain an understanding of Psychology.	9	7.30-9.30 p.m.	90
NAS12134 NEW	Tuesday	Counselling and Psychology. This is a course for those who have completed an introductory or similar course in the area of Counselling and Psychology and wish to further develop their skills in this area.	9	7.30-9.30 p.m.	90
NAS12135 NEW	Thursday	Get that Job Learn how to emphasise and develop your personal attributes to contribute to a successful job application	6	7.00-8.30 p.m.	45
NAS12136	Tuesday	T'ai Chi Unwind ,relax, de-stress, improve your concentration and well being through gentle movements and relaxation.	9	7.30-9.30 p.m.	90
NAS12137	Wednesday	Pilates (Introduction) A method of relaxation and physical movement designed to stretch, strengthen and balance the body. Please bring with you a floor mat or large towel and water.	9	7.00-8.00 p.m.	45
NAS12138	Wednesday	Pilates (Intermediate) This course is for those who have completed an introductory course. Please bring with you a floor mat or large towel and water.	9	8.00-9.00 p.m.	45
NAS12139	Wednesday	Pilates (Advanced) For those who have completed a number of Pilates Courses. Please bring with you a floor mat or large towel and water.	9	9.00-10.00 p.m.	45
NAS12140	Thursday	Pilates (Introduction) A method of relaxation and physical movement designed to stretch, strengthen and balance the body. Please bring with you a floor mat or large towel and water.	9	7.00-8.00 p.m.	45

PERSONAL DEVELOPMENT, HEALTH & FITNESS

contd.

Course Code	Day	Course Title	No of Weeks	Time	Fee €
NAS12141	Thursday	Pilates (Intermediate) This course is for those who have completed an introductory course. Please bring with you a floor mat or large towel and water	9	8.00-9.00 p.m.	45
NAS12142	Thursday	Pilates (Advanced) For those who have completed a number of Pilates Courses. Please bring with you a floor mat or large towel and water.	9	9.00-10.00 p.m.	45
NAS12143	Wednesday	Yoga - Hatha A form of Yoga suitable for all. Please bring with you a floor mat or large towel and water.	9	7.00-8.30 p.m.	70
NAS12144	Wednesday	Yoga - Power Yoga Get that extra strength and flexibility to give you 'that' edge. Please bring with you a floor mat or large towel and water.	9	8.30-10.00 p.m.	70
NAS12145	Wednesday	Golf for Beginners Classes at the beginning will take place indoors in order to learn the rules and practical elements of the game. From then on your game will improve with visits to the driving range	8	7.00-8.30 p.m.	60
NAS12146	Wednesday	Golf for Improvers Improve your scores/handicap with helpful hints indoors and outdoors. This course is for experienced golfers.	8	8.30-10.00 p.m.	60
NAS12147	Tuesday	Make Use of that Garden Space Turn that garden into an area of shrubs and plants of your own creation	6	7.30-9.00 p.m.	45
NAS12148	Tuesday	Start Your Own Business Acquire the basic skills and practical knowledge to set up a small business.	9	7.30-9.30 p.m.	90
NAS12149	Tuesday	First Aid Certificate This course covers techniques and procedures under the guidance of the Irish Red Cross tutors and involves continuous weekly assessment. This fee does not include the cost of a manual which is needed as part of the course.	8	7.30-9.30 p.m.	80
NAS12150	Tuesday	Aerobics (Beginners) This class consists of Low impact Aerobics Lower Body Conditioning / Thighs / Tums & Bums. Please bring with you a floor mat or large towel and water.	9	7.00-8.00 p.m.	45
NAS12151	Tuesday	Aerobics This course is for those who have completed a Beginners Course. Low to high impact Aerobics. Lower Body Conditioning / Thighs / Tums & Bums. Please bring with you a floor mat or large towel and water.	9	8.00-9.00 p.m.	45
NAS12152	Wednesday	Aerobics (Beginners) This class consists of Low impact Aerobics Lower Body Conditioning / Thighs / Tums & Bums. Please bring with you a floor mat or large towel and water.	9	7.00-8.00 p.m.	45
NAS12153	Wednesday	Aerobics This course is for those who have completed a Beginners Course. Low to high impact Aerobics. Lower Body Conditioning / Thighs / Tums & Bums. Please bring with you a floor mat or large towel and water.	9	8.00-9.00 p.m.	45
NAS12154	Thursday	Creative Writing Turn that hidden flair for writing into a story or an article with tuition and advice.	9	7.30-9.30 p.m.	90
NAS12155 NEW	Thursday	Relaxation Techniques Ki-Massage techniques of neck and shoulder area.	6	7.30-9.00 p.m.	45

PERSONAL DEVELOPMENT, HEALTH & FITNESS contd.

Course Code	Day	Course Title	No of Weeks	Time	Fee €
NAS12156	Tuesday	Mindfulness Based Stress Reduction (Meditation) This course will teach you a variety of techniques and strategies to help you relax and stay centred while responding to the busyness and rush of modern living. The course will include simple Yoga postures. Participants should bring a Yoga mat and a blanket.	9	7.30-9.30 p.m.	90
NAS12157	Wednesday	Indian Head Massage An ancient practice to relieve stress and tension. This course also includes 'Hand' and 'Arm' massage.	6	7.30-9.00 p.m.	45
NAS12158	Thursday	Adult Drama for FUN This course offers a wonderful opportunity to meet new people, experience something different and boost your confidence through theatre games, improvisation, voice and body work	10	7.30-9.30 p.m.	100
NAS12159 NEW	Wednesday	Public Relations An introduction to Communications with the Public.	9	7.30-9.30 p.m.	90
NAS12160 NEW	Wednesday	Genealogy-Family History Research Learn how to trace your family origins to complete the family tree.	8	7.30-9.30 p.m.	80

PLEASE NOTE THE FOLLOWING CONDITIONS OF ATTENDANCE

Terms and Conditions

- No course will be formed where the number of students does not warrant it.
- The school/centre reserves the right to close a course or to modify it in any manner it deems suitable at any time.
- Enrolments may take place one week after the commencement of a course provided there are vacancies.
- Admission to courses is confined to those over 16 years who have left full-time second level education.
- The provision of classes during the mid-term break may vary according to schools/centres.

Responsibility cannot be accepted for loss or damage to the property of students.

- Limited parking available at schools/centres.
- Smoking is strictly prohibited in any part of the school/centre premises or grounds.



Fees



1. Full fees must be paid prior to the commencement of each class. Fees can be paid through the following methods:
 - on-line at www.kildarevec.ie from January 6th 2012
 - enrolment night in the school (18th January 7.00-9.00 p.m.)You can enrol by calling to the Adult Ed Office in the school from January 10th (10.00a.m.- 1.00 p.m.) or from 2.00 pm. – 4.00 p.m.
2. Cheques should be crossed and made payable to Co. Kildare V.E.C. Examination fees or registration fees (where applicable) are not included in the course fee.
3. Where necessary an additional charge will be made for class materials. This will be collected by the tutor at the beginning of the class. In many cases the tutor may have the materials for sale at the commencement of the course.
4. Any subsequent re-imburement of fees by employers for students is a matter for the student and their employers.
5. There is no Fee Reduction for FETAC courses

Refund of Fees

Fees are non-refundable except where a course does not take place due to poor enrolment. In such cases fees will be refunded. There may be a short delay for administrative purposes.

Fee Reduction

50% of the tuition Fee applies to those in possession of a valid Full Medical Card. Evidence of entitlement to Fee reduction must be produced in advance of a course or on enrolment night.

**Full terms and conditions can be viewed
on
www.kildarevec.ie**



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